

ALT | Lunch Menu 12 pm - 5 pm



LIGHT BITES

Homemade Wonky Veg Soup

Served with Homemade Guinness Bread (Vegan, 1a, 1d, 6, 9)

8.00

Irish Atlantic Chowder

Haddock, Atlantic Salmon, Prawns served with homemade Guinness Bread (1a, 1d, 2, 4, 9)

11.00

Pan-Fried Garlic Gambas

Pan-Fried Dublin Bay Prawns, Roasted Ramiro Peppers & Garlic Butter, Mixed Leaves, Cucumber, Grilled Ciabatta (1a, 2, 6, 7, 12)

15.00

Meatballs

Homemade 100% Irish Beef Meatballs Tossed in Fresh Tomato & Basil Sauce, Serve with Crispy Basil And Parmesan (1A, 3, 6, 7, 9, 12)

10.50

SALADS

Wren's Salad

Mixed Leaves, Shaved Parmesan, Sweet Potato Crisps, Vine Cherry Tomatoes, Honey Candied Walnut, Onion Pickles, Roasted Butternut Squash, House Dressing (3, 7, 8a).

15.00

Aegean Salad

Crispy Romano Lettuce, Feta Cheese, Kalamata Olives, Lemon & Herb Dressing, Pomegranate Molasses, Heirloom Tomatoes, Cucumber, Radish, Olive Oil (7)

14.00

Caprese Salad

Buffalo Mozzarella, Vine Tomatoes, Pesto, Balsamic Glaze (7, 8c, 12)

13.00

Add a little extra to your salad:

Chicken

3.50

Avocado

3.50

Salmon (4)

3.50

Bacon

3.50

SANDWICHES (+ cup of soup 4.00)

Toasted Ham & Cheese

Pulled Slow Cooked Ham, Smoked Irish Cheddar, Tipperary Brie, Ballymaloe Relish, Toasted in Garlic Butter (1a, 3, 6, 7)

15.00

Wren Steak Sandwich

8oz Striploin of Irish Beef, Horseradish Aioli, Saute Onions, Organic Leaves served on Grilled Ciabatta (1a, 3, 7, 10)

19.00

Grilled Chicken Sandwich

Marinated Chicken Breast, Smashed Avocado, Tomato, Pickled Veg Mix (1a, 3, 6)

14.00

Prawn Sandwich

Deep Fried King Prawns, Crispy Romano, Beefsteak Tomato, Onion Pickles, Homemade Tartar Sauce, Toasted Ciabatta (1A, 2, 3, 6, 10)

14.00

SIDES

House cut chunky chips / side salad / garlic bread

Wild garlic mayo / Korean barbecue sauce

4.00

2.00

DESSERT

Wren Open Hive Honey Sponge Roll

Homemade Honeycomb Crumb, Vanilla Ice Cream, Elderberry, Raspberry Syrup (1, 1a, 3, 7)

10.50

Chocolate Hazelnut & Coconut tart

A Vegan Chocolate Tart with a Hint of Coconut Served Alongside Smooth Vegan Vanilla Ice Cream (1d, 6, 8a) (vegan)

11.00

Homemade Tiramisu

Fluffy Ladyfingers Dipped in Coffee, Mascarpone Cream, Frangelico, Dark Chocolate (7, 3, 1a, 12)

11.00

Allergen List 1 Cereals containing gluten / 1a Wheat / 1b Rye / 1c Barley / 1d Oats / 2 Crustaceans / 3 Eggs 4 Fish / 5 Peanuts / 6 Soybeans / 7 Milk 8 Tree Nuts / 8a Walnuts/ 8b Almonds / 8c pine nuts / 8d Pecans 9 Celery /10 Mustard / 11 Sesame / 12 Sulphites / 13 Lupin / 14 Molluscs