

# ALT | Lunch Menu 12 pm - 5 pm



## LIGHT BITES

### **Homemade Wonky Veg Soup**

Served with Homemade Guinness Bread (Vegan, 1a, 1d, 6, 9)

**8.00**

### **Irish Atlantic Chowder**

Haddock, Atlantic Salmon, Prawns served with homemade Guinness Bread (1a, 1d, 2, 4, 9)

**11.00**

### **Pan-Fried Garlic Gambas**

Pan-Fried Dublin Bay Prawns, Roasted Ramiro Peppers & Garlic Butter, Mixed Leaves, Cucumber, Grilled Ciabatta (1a, 2, 6, 7, 12)

**15.00**

### **Meatballs**

Homemade 100% Irish Beef Meatballs Tossed in Fresh Tomato & Basil Sauce, Serve with Crispy Basil And Parmesan (1A, 3, 6, 7, 9, 12)

**10.50**

## SALADS

### **Wren's Salad**

Mixed Leaves, Shaved Parmesan, Sweet Potato Crisps, Vine Cherry Tomatoes, Honey Candied Walnut, Onion Pickles, Roasted Butternut Squash, House Dressing (3, 7, 8a).

**15.00**

### **Aegean Salad**

Crispy Romano Lettuce, Feta Cheese, Kalamata Olives, Lemon & Herb Dressing, Pomegranate Molasses, Heirloom Tomatoes, Cucumber, Radish, Olive Oil (7)

**14.00**

### **Caprese Salad**

Buffalo Mozzarella, Vine Tomatoes, Pesto, Balsamic Glaze (7, 8c, 12)

**13.00**

### **Add a little extra to your salad:**

Chicken

**3.50**

Avocado

**3.50**

Salmon (4)

**3.50**

Bacon

**3.50**

## SANDWICHES (+ cup of soup 4.00)

### **Toasted Ham & Cheese**

Pulled Slow Cooked Ham, Smoked Irish Cheddar, Tipperary Brie, Ballymaloe Relish, Toasted in Garlic Butter (1a, 3, 6, 7)

**15.00**

### **Wren Steak Sandwich**

8oz Striploin of Irish Beef, Horseradish Aioli, Saute Onions, Organic Leaves served on Grilled Ciabatta (1a, 3, 7, 10)

**19.00**

### **Grilled Chicken Sandwich**

Marinated Chicken Breast, Smashed Avocado, Tomato, Pickled Veg Mix (1a, 3, 6)

**14.00**

### **Prawn Sandwich**

Deep Fried King Prawns, Crispy Romano, Beefsteak Tomato, Onion Pickles, Homemade Tartar Sauce, Toasted Ciabatta (1A, 2, 3, 6, 10)

**14.00**

## SIDES

### **House cut chunky chips / side salad / garlic bread**

**4.00**

### **Wild garlic mayo / Korean barbecue sauce**

**2.00**

## DESSERT

### **Wren Open Hive Honey Sponge Roll**

Homemade Honeycomb Crumb, Vanilla Ice Cream, Elderberry, Raspberry Syrup (1, 1a, 3, 7)

**10.50**

### **Chocolate Hazelnut & Coconut tart**

A Vegan Chocolate Tart with a Hint of Coconut Served Alongside Smooth Vegan Vanilla Ice Cream (1d, 6, 8a) (vegan)

**11.00**

### **Homemade Tiramisu**

Fluffy Ladyfingers Dipped in Coffee, Mascarpone Cream, Frangelico, Dark Chocolate (7, 3, 1a, 12)

**11.00**

